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BLOG

Your First Weeks on an Antidepressant: What Is Normal and What to Report

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Usually Normal Early On

- Nausea or upset stomach
- Headache or sweating
- Feeling jittery for a week or two

Tell Your Prescriber

About

- Every medicine and supplement
- Sexual side effects that linger
- Racing thoughts or less need for sleep

Get Help Right Away For

- Agitation, fever or heavy sweating
- Muscle twitching or confusion
- In crisis? Call or text 988

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Read the full article

Starting Lexapro, Zoloft or Cymbalta: Side Effects and When It Starts to Work

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General information, not medical advice. Your provider can tell you what is right for you. If you are in crisis, call or text 988.