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BLOG

Quit-Smoking Medicines: 3 Things to Know

Nicotine Replacement Options

- Patches, gum, lozenges, inhaler, spray
- Patch for steady levels
- Gum or lozenges for cravings

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Bupropion SR Basics

- Reduces cravings
- Limits weight gain after quitting
- Not for seizures or eating disorders

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Help With Cost

- Most plans cover quit medicines
- Free coaching: 1-800-QUIT-NOW
- Often free nicotine replacement

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Read the full article

Chantix (Varenicline), Wellbutrin and Nicotine Patches for Quitting Smoking

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General information, not medical advice. Your provider can tell you what is right for you.