



BLOG

MAT Myths and Facts: 3 to Know

Myth: It Swaps One Drug for Another

- MAT helps manage addiction safely
- People can function normally
- No highs and lows of misuse

Myth: It Is Only Short Term

- Length differs for each person
- Some need it short term
- Others benefit long term

Myth: It Only Works With Abstinence

- MAT helps reduce illicit drug use
- It builds a path to recovery
- Talk with your provider about goals



Read the full article

Understanding Medication-Assisted Treatment

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General information, not medical advice. Your provider can tell you what is right for you. If you are in crisis, call or text 988.