



BLOG

Making Metformin Easier on Your Stomach

Gentler on the Gut

- Start low and go slow
- Take it with a meal
- Ask about extended-release

If It Is Still Not Tolerated

- GLP-1s such as Ozempic or Trulicity
- SGLT2s such as Jardiance or Farxiga
- DPP-4s such as Januvia

Ask at Your Next Visit

- Which option fits my heart and kidneys?
- Do I need a B12 check?
- Does my weight change the choice?



Read the full article

Metformin Upsetting Your Stomach? How to Fix It and What to Try Instead

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General information, not medical advice. Your provider can tell you
what is right for you.