



BLOG

Blood Pressure Medicines: 3 More Things to Know

Where Beta Blockers Fit

- Not first-line for most people
- Used after a heart attack or heart failure
- Propranolol for anxiety: a different job

Pregnancy and Swelling

- No ACE inhibitors or ARBs in pregnancy
- Pregnant or planning? Tell us right away
- Lip, tongue or throat swelling: call 911

A Reading Over 180/120

- Wait one minute and check again
- Symptoms like chest pain? Call 911
- No symptoms? Call your provider now



Read the full article

Adding a Second Blood Pressure Medication to Lisinopril or Amlodipine

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General information, not medical advice. Your provider can tell you what is right for you.