



BLOG

3 Questions to Bring to Your Next Diabetes Visit

How Does My Plan Combine Habits and Medicine?

- Ask how meals and activity work with your medicine
- Ask whether a dietitian should be on your team

Which Medicine Fits My Whole Health?

- Ask about heart, kidney and weight effects
- Ask what side effects to watch for
- Ask what it will cost you

How Will We Know It Is Working?

- Ask when the plan will be reviewed
- Ask what your goals are
- Ask what changes if you do not reach them



Read the full article

Type 2 Diabetes: What Current Guidelines Recommend

hopeintegrativemed.com

(843) 737-0312

General information, not medical advice. Your provider can tell you
what is right for you.