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BLOG

3 Questions to Ask About Snoring and Sleep Apnea

Could My Snoring Be Sleep Apnea?

- Mention gasping or stopped breathing
- Mention how tired you are by day

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Should I Have a Sleep Study?

- Ask what the test will show
- Ask how results guide treatment

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Is Zepbound Right for Me?

- Share your thyroid history
- Ask about side effects
- Ask how your plan covers it

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Read the full article

Weight and Sleep Apnea: What Zepbound's Sleep Apnea Approval Means

hopeintegrativemed.com

(843) 737-0312

General information, not medical advice. Do not stop a treatment you already use without talking with your provider.