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BLOG

3 Questions to Ask About Behavioral Health Integration

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Could BHI Help Me Stay on Track?

- Ask whether your condition qualifies
- Ask what your plan would focus on

Who Is on My Care Team?

- Ask who your care coordinator is
- Ask how to reach the team by text
- Ask how specialists stay updated

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What if I Am Not Improving?

- Ask how progress is tracked
- Ask how your plan gets adjusted
- Ask how medication and counseling fit in

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Read the full article

Behavioral Health Integration: Mental Health Care Built Into Your Primary Care

hopeintegrativemed.com

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General information, not medical advice. If you or someone you know is struggling, call or text 988. In a life-threatening emergency, call 911.